

Family Therapy Supervision Certificate Program

Clinical Supervision: A Multicultural Relational Perspective

Developed and taught by Dr. Ken Hardy

Location & Time: Boston, Springfield, Lowell, 40 hours, half-day/month for 10 months.

Course Goal: Student will have the knowledge and skills to provide clinical supervision from a multicultural relational perspective.

Learning Objectives:

1. **Execute An Effective Supervisory Contract:** Student can articulate a coherent philosophy of supervision and link their philosophy of supervision to the process of supervision.
2. **Awareness of the Multidimensional Self:** Student understands how our 'multiple selves' inform and help shape our clinical positioning as supervisors and how Family of Origin experiences help shape our clinical positioning in the supervisory process.
3. **Think Relationally:** Student can track relational patterns and sequences in supervision and effectively intervene to disrupt 'unhealthy' relational patterns and to strengthen 'healthy' ones.
4. **Think Culturally:** Student understands how cultural factors, especially the intersection of class and race, are critical organizing principles in clinical practice, and can conceptualize how relationships in therapy and supervision are influenced by the dynamics of power, privilege, and oppression.
5. **Therapeutic Use of Sel(f)ves:** Student can employ the "Supervisor/Therapist Use of Self" as a mechanism for promoting relationship enhancement and clinical effectiveness.; and incorporates dimensions of one's multidimensional selves into the supervisory process.
6. **Use of Validation:** Student can challenge non-adaptive patterns of behavior without devaluation, confrontation, or escalating.
7. **Embracing and Promoting the Both/And Perspective:** Student can recognize the connections between two seemingly disparate matters and situate therapeutic and supervisory conversations within the context of a both/and conceptual framework.
8. **Context Talk:** Student can initiate and sustain progressive emotionally-charged conversations about a range of contextual variables and effectively respond to race-related and culturally-based challenges that may occur in supervision.
9. **Broker and Sustain Difficult Dialogues:** Student can exercise the tasks of the privileged and use effective communication strategies for promoting constructive, intense and intimate conversations.

Supervisee Workshops: Clinician supervisees attend 4 workshops (10 hrs) on related material.

Reflective Supervision for Supervisors

Developed & taught by Deborah Fauntleroy in conjunction with Dr. Hardy's course

Format: Facilitated small groups, 90 minutes/month

Goal: Supervisors will reflect on their supervisory practices from a multicultural perspective.

Learning Objectives: Through this class, participants will be able to:

1. Reflect on their experiences in supervising across differences in race, class and culture.
2. Practice new skills learned in the class.
3. Learn from their peers.
4. Strengthen their skill at bringing the process of reflective supervision into the workplace