



## ParentingWell Practice Profile - ENGAGE – Self Assessment

This worksheet is for staff to assess their own practice with respect to parenting practice as defined by the ParentingWell Practice Profile. This worksheet is to be used in preparation for meeting with your supervisor. Use the *Engage* Core Element of the Practice Profile to identify both the strengths and areas needing improvement in your practice. Using a copy of the Engage Core Element from the practice profile, read the description of the Core Element all the way through so you can get a sense of what the practice looks like as a “whole.” Make note (you may highlight, underline or circle items on your copy of the profile) of specific items that reflect your current practice, then assess your practice for each sub-category using a rating scale of 1 to 10 as defined below. Record your rating for each sub-category and provide examples of strengths and areas needing improvement on this worksheet.

10	Ideal practice proficiency	My practice in this area demonstrates a consistently high degree of mastery in a wide range of situations and with all persons served.
5	Developmental practice proficiency	My practice in this area demonstrates a good understanding and skill level. My practice is strong, but only in some situations and with some persons served.
1	Unsatisfactory practice proficiency	This is a new or emerging skill for me. It is not yet present in my practice.
0	N/A	This practice is not part of my responsibilities.



ENGAGE	Rating	Notes/Examples/Questions/New Goals
a. Manage first contacts and ask about parenting status, family composition and relationships.		
b. Provide rationale for talking about parenting and family life.		
c. Respect parent's priorities and goals.		
d. Obtain information about children – where living, who caring for them (if minors), custody, visitation, frequency and extent of contact.		
e. Discuss the relationship between family life and recovery.		
f. Recognize and respond to parent's feelings and concerns, including possible reluctance to discuss family issues.		
g. Reflect on personal lived experience of parenting, family life, culture and community.		



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h. Provide respectful, non-judgmental responses to parent's expression of challenges.		
i. Consider own assumptions about behavioral health conditions and parenting.		
j. Recognize that person may have had prior negative experiences in family life and with helping professionals.		